

ALI BELL

Noble House
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EDUCATION

Certified 'Singer's Psyche'® Trainer and Supervisor	2010-2013
Certified Transformational Breath® Practitioner and Senior Trainer	2014-2015
12 day Somatic Trauma Therapy Training	2014-2015
BMus (hons) Classical Voice and Clarinet at Napier University	2002-2007

PERFORMANCE EXPERIENCE

Session Singer (recording and performance)	
Stevie Agnew & Hurricane Road, Denise, The Gillyflowers, Star Wheel Press, Caroline Gilmour, Setarreh.	2009-2016
Lead Vocalist – Edinburgh Sounds, Cabaret	2010-2015
Soloist – Scottish Choir, New York	2011

RESEARCH EXPERIENCE

Research assistant to Dr. Denise Borland – PhD.
The Singer's Psyche: The Psychology of Vocal Performance
Transformational Breath® Pilot Study (2014)

TEACHING EXPERIENCE

Noble Institute - Vocal Coach, Trainer and Breath Facilitator	2015-2016
The Junction – Singing for Self Esteem Pilot Project – Youth Project	2016
Generation Arts - Intergenerational Singing Project, working with Dementia – Answer House, Whitburn	2015
Ali Bell Vocal Tuition	2008-Present
Musical Director and Founder of The Lothian Bells Choir	2014-2015
Vocal Coach for Lothian and Borders Police Choir, InChorus and Tayside Police Choir	2011-2012
Vocal Coach for Fife Council	2011-2012

INTERNATIONAL WORK & EXPERIENCE

Breath Work in the Healing Fields (Glastonbury, England)	2014-2016
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INTERESTS

My main aim as a vocalist and a teacher is to create authentic communication. I have founded choirs with a focus on grounded, authentic voice use and I am now developing an Embodied Singing Course at Noble House, Edinburgh – the home of the Noble Institute: the professional and life performance institute. I have gained a huge amount of experience as a backing vocalist due to my ability to tune into voices and recreate the subtle nuances of different singers and genres. Through developing my voice after a psychogenic voice issue I discovered the psychological problems that can impede the abilities of singers and I have spent the last eight years learning different modes of communication including Transactional Analysis and other psychological models. I also have training in working with trauma and have worked nationally and internationally as a Transformational Breath Trainer (Mexico, Kuwait, Kenya). My combined work as a voice teacher and body worker has led to my interest in furthering the therapeutic use of the voice. Through the research I have been a part of with Dr. Borland, we have set up a holistic performance institute and will be releasing publications in the near future. Personal research projects that I hope to run include exploring the use of voice, energy and breath work as a positive intervention in working with premature babies, building on the work I already do with women through pregnancy, birth and beyond.